

# Service Menu & Price List

## Notes:

- Prices may vary.
- Prices in effect until May 1, 2010.
- Taxes and gratuities are not included.
- We accept Visa, MasterCard, Debit Card, American Express, Cheques or Cash.
- We offer a U of S student discount on all spa services over \$10.00.

**Duos:** *(Both in the same day saves you \$5.00)*

Deluxe Manicure/Pedicure (2 ½ – 2 ¾ hrs, allow drying time)	\$115
Classic Manicure/Pedicure (2 ¼ – 2 ½ hrs, allow drying time)	\$90
Mini Manicure/Pedicure (1 hr, allow drying time)	\$65
Polish Change – Finger & Toes (45 min, allow drying time)	\$40

## **Body Treatments**

Body Wrap – Deluxe (2 hr) (exfoliate/body wrap/ext. massage/moisturize)	\$138
Body Wrap – Treatment (1 ½ hr) (exfoliate/body wrap/massage/moisturize)	\$115
Body Wrap – Classic (1 hr) (exfoliate/body wrap/moisturize)	\$104
Body Polish - Classic (1 hr) (exfoliate/moisturize/massage)	\$81

## **Tinting**

Eyebrow Tinting (¼ hr)	\$19
Eyelash Tinting (½ hr)	\$30

## **Make-up**

Make up Application (½ hr)	\$40
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Wedding Makeup

\$50

## Hand & Nail Care

Gel Nails – French Full Set/Removal	\$70
Gel Nails – Clear Overlay Full Set	\$63
Gel Nails – French Fill	\$57.50
Gel Nails – Clear Fill	\$46
Gel Nails – Repairs per nail	\$8.50 - \$12
Nail Decoration – per gem	\$ 1
Paraffin Treatment (hands or feet)	\$10 - \$15

## Waxing

Waxing is a technique for hair removal and can be done on large areas of the body. The most popular areas to be waxed are the legs, bikini area, under arm and brows. The benefit of waxing is long lasting, smooth soft skin with no razor nicks or shaving irritation.

Arm – Full (¾ hr)	\$45
Arm – Half (½ hr)	\$30
Back – Full (1 hr)	\$60
Bikini – (½ hr)	\$33
Bikini – Extended (½ hr)	\$45
Brow or Chin (¼ hr)	\$11
Combo - brow/lip/chin (½ hr)	\$30
Facial Sides (¼ hr)	\$18
Leg – Full (1 hr)	\$60
Leg – Full w/bikini (1 ½ hr)	\$80
Leg – Half incl. knee (½ hr)	\$36
Lip (¼ hr)	\$ 9
Toes (¼ hr)	\$ 6
Under Arm (¼ hr)	\$21

## Threading

Threading is an ancient technique of facial hair removal with a simple thread. It's evolution from ethnic to hip status is being replicated around the country.

An esthetician holds the end of a thread in her mouth and then uses both hands to make it taut. She quickly winds the strand around many hairs, twisting and pulling them out of their follicles by the root. The hair does not have to be as long as with waxing and can even remove very fine hair. This is a good service if you are on certain medications, have skin sensitivities or have mature skin.

Many men prefer threading to other techniques also.

Regular threading can maintain a clean, sharp appearance of the eyebrow, without the common irritation, redness or puffiness from other hair removal techniques.

Brow (¼ hr)	\$17
Combo – brow/lip/chin/side	\$31
Facial Sides (¼ hr)	\$17
Lip or Chin (¼ hr)	\$14

## Skin Care

### **Deluxe Facial (approx 1 ½ - 1 ¾ hr)**

**\$98**

The ultimate facial experience! This facial helps soothe the mind, body and spirit. It includes all of the steps from our *Treatment Facial* as well as an extended massage, with the addition of a mini-hand massage and deep moisturizing paraffin treatment for the hands. This facial is the deluxe!

### **Anti – Age Facial (approx 1 – 1 ¼ hrs)**

**\$86**

See and feel the results immediately, we refer to this facial as the non-surgical face lift.

### **Treatment Facial (approx 1 ¼ - 1 ½ hrs)**

**\$75**

This perfect spa experience will leave you feeling completely relaxed and glowing. Our Treatment Facial includes all the steps from our *Spa Facial* with the addition of an eye and lip treatment to help erase the effects of stress, as well as a facial serum to further treat your specific skin needs. It's a perfect combination to take care of your skin.

### **Spa Facial (approx 1 – 1 ¼ hrs)**

**\$75**

Our Spa Facials are designed to address advanced skin care problems. Using treatment products for oily, dry, sensitive or mature skin we are able to target and restore troubled skin. This facial includes all of the steps from our *Express Facial* as well as a pore reviving steam treatment with extractions.

### **Express Facial (approx ¾ – 1 hr)**

**\$63**

For the person on the go! This is a quick facial during lunch or between activities. It includes all that is needed to rejuvenate you for the rest of the day: A cleansing, exfoliation, toning, stimulating, massage, mask and finishing cream.

## Foot Care

### **Deluxe Pedicure (approx 1 ½ - 1 ¾ hr)**

**\$75**

This service includes all the special care and attention of the *Classic Pedicure* with the addition of either a warm paraffin mask to moisturize, relax and increase circulation or a cool cucumber mask to refresh tired feet, relieve burning, and reduce perspiration and inflammation, and an exfoliation of the lower legs.

### **911 Pedicure (approx 1 ½ hr)**

**\$65**

This service is for those needing special foot products and extra attention. Gehwol professional products are used.

### **Classic Pedicure (approx 1 ¼ - 1 ½ hrs)**

**\$60**

This service includes a warm water foot bath to cleanse and soften callous. Next is trimming, shaping, filing and buffing of the toenails. We trim excess cuticles, carefully remove callous and exfoliate the feet. The best part of this treatment is a relaxing lower leg and foot massage with a rich moisturizer finished with a perfect polish application.

### **Mini Pedicure (approx ½ hr)**

**\$43**

This mini service includes a 5 min. soak, nail filing, buffing, cuticle work and lacquer, no callus removal.

### **Toenail Trim (approx ¼ hr)**

**\$20**

Includes a 10 min. soak, trimming and filing of toenails.

### **Hand/Toe Polish Change (approx. ¼ hr.)**

**\$21**

Remove old polish and re-apply new polish.

## Hand Care

### **Deluxe Manicure (approx 1 ¼ - 1 ½ hr) \$45**

This spa service includes all the special care and attention of the *Classic Manicure* plus a lower arm and hand exfoliating scrub. Enjoy the extra paraffin wax treatment to soothe and moisturize.

### **911 Manicure (approx 1 hr) \$40**

This service is for those needing special hand products and extra attention. Gehwol professional products are used.

### **Classic Manicure (approx ¾ - 1 hr) \$35**

Includes hand sanitization, nail filing, cuticle softening, a soak, push back and remove excess cuticles, nail buff, lower arm and hand massage, base coat, French or colored polish, top coat and cuticle oil.

### **Mini Manicure for men/children (approx ½ hr) \$25**

This mini service includes a 5 min. soak, nail filing and buffing, and cuticle repair work; finished with nourishing cuticle oil.

## Massage

<b>Relaxation Massage*</b>	½ hr	<b>\$35</b>	<b>*includes Hot Stone option</b>
	1 hr	<b>\$60</b>	

“Stone” therapy has been part of the eastern world’s regime of sciences for thousands of years. Working in harmony, using various massage techniques and warm stones, this massage relaxes the body at its deepest level.

The specific resonance of the rocks transmits energy and warmth – when placed on the body they help remove blockages, dissolve stress, bring harmony with the environment, neutralize negative energy, balance over-stimulated areas and re-energize depleted ones. The result is a feeling of well being, harmony, balance and total relaxation.

## Men’s Corner

### **Manly Manicure (1 hr) \$35** **Hot Paraffin Treatment (+15 min) \$10**

A classic service used to groom your hands and nails. It’s ideal clean-up for the mechanic, sport’s buff or CEO. Includes hand sanitization, nail trim, cuticle softening, a warm soak, push back and remove excess cuticles, nail buff, lower arm and hand massage, clear/matte lacquer or a nail strengthener.

### **Foot Fetish Pedicure (1 ½ hr) \$60** **Hot Paraffin Treatment (+15 min) \$15**

Give your feet the fix they need. It’s great for feet in work boots or Gucci leather. Includes a soak, nail trim and buff, soften and removal of excess cuticle, exfoliation and callous removal, relaxing lower leg and foot massage, clear/matte lacquer or nail strengthener.

### **Re-charge Facial (¾ hr) \$63**

This quick facial will clean and re-charge your skin! Designed to give you the essentials – cleanse, tone, exfoliate, massage, mask and finish with nourishing lotion.

### **Signature Facial (1 hr) \$75**

Our signature facial will take care of advanced skin problems giving you handsome smooth skin. This includes all steps from our re-charge facial as well as a warm steam treatment and extractions. Using specific products we are able to target oily, dry, sensitive, mature or troubled skin.

**Active Rejuvenation Facial (1 ½ hrs) \$86**

There is no better way to beat the signs of the time! The active rejuvenation facial includes all steps from our signature facial as well as an eye treatment to help diminish signs of stress and facial serum to further service your skin care needs. This facial is an excellent choice for skin maintenance, rest and relaxation.

**Men's Body Buff Polish (1 hr) \$81**

A great 'once over' leaves you soft and moisturized. A salt scrub and oil mixture is used to exfoliate the body, followed by a relaxing massage with a luxurious moisturizer.

**Smooth Moves (2 hrs) \$156**

This combination will soften even the roughest toughest guy! We know you need a fresh start before you go on vacation or tackle that new job.

Body Buff Body Polish  
Signature Facial

**Ocean's 11 (2 ½ hrs) \$130**

Instead of bling, show off your best in a subtle way. This dynamite duo enhances your most prominent features while keeping you true to who you are.

Men's cut/color/conditioner  
Manly Manicure

**The Sweet Executive (2 hr) \$128**

You'll definitely have a competitive advantage with this spa trio. It's a must to keep up your image with the corporate world or dating scene.

Re-Charge Facial  
Men's Mini Manicure  
Men's Mini Pedicure

**Detailed and Dapper (2 ½ hr) \$115**

It's all about you! Just like the gals you need to be pampered also and when you feel good you look good.

Manly Manicure  
Foot Fetish Pedicure  
\* both with paraffin

**007 James Bond (2 hr) \$102**

You'll feel suave, sophisticated and striking when you walk out the door of the Yu SPA after the "007 James Bond". Whether for business or pleasure, you're sure to turn the heads of a few "Bond Girls".

Man's Haircut  
Manly Manicure  
½ hr Hot Stone Massage

**Better than the Boardroom (2 hr) \$95**

Relax, release stress and prepare for that important meeting or dinner. The contracts are sure to follow.

Manly Manicure  
1 hour massage